

30 Minute Massage	\$45
Steam Shower	\$20
Scalp Massage 15 min.	\$20
Honeyliff Face Massage	\$20
Hand or Foot Paraffin Treatment	\$15
CBD Oil	\$15
RELAXING ENHANCEMENTS	
Seasonal Body Wrap	60 min. \$110
Exfoliating Back Treatment	45 min. \$80
Cleansing Sea Mud Body Wrap	75 min. \$120
Buff & Glow w/ FREE Lavish Tan Extender	60 min. \$130
Body Polish	60 min. \$100
BODY TREATMENTS	
Wu Wei Energy Work	45 min. \$80
Reflexology Foot Treatment	30 min. \$60
Bellanina Facelift Massage Plus w/ 30 min. Massage	105 min. \$175
Bellanina Facelift Massage	75 min. \$140
Healing Aroma Glow Massage	90 min. \$140
Cupping Massage	75 min. \$120
Hot Stone Massage	75 min. \$120
Prenatal Massage	60 min. \$100
Sports Massage	45 min. \$80
Therapeutic Massage	60 min. \$100
	45 min. \$80

MESSAGE + BODYWORK

massages are available as a single or side-by-side service. relaxation, therapeutic and holistic health benefits. All therapists perform a variety of specialized massages for Bellanina's professional and experienced Licensed Massage

MESSAGE + BODY TREATMENTS



RELAX • UNWIND • UNPLUG

DAY SPA + GIFT BOUTIQUE

NuFace Microcurrent Lifting Treatment	\$20
LightStim LED Light Therapy	\$20
High Frequency Acne Treatment	\$15
Dermaplaning	\$50
RENEWING ENHANCEMENTS	
Microdermabrasion	30 min. \$100
Glycolic Peel / Lactic+Salicylic Peel	20 min. \$100
Dermaplaning Mini Facial	45 min. \$85
Clinical Acne Reduction Facial	75 min. \$135
SPECIALIZED FACIALS	
Ultimate Facial	75 min. \$170
Seasonal Facial	60 min. varies
Intensive Wrinkle Facial	60 min. \$135
Fully Loaded Facial	120 min. \$240
Bellanina Facelift Massage	75 min. \$140
Amazing Epicuren w/ microdermabrasion	60 min. \$180
Amazing Epicuren Celebrity Facial	60 min. \$150
ANTI-AGING FACIALS	
Vitamin C Facial	60 min. \$120
Teen Facial	30 min. \$60
Express Facial	30 min. \$65
Epicuren Basic Facial	60 min. \$125
Botanical Facial	60 min. \$110
Back Facial	30 min. \$65

ESSENTIAL FACIALS

and highly skilled Licensed Estheticians. Our facials are designed to address a variety of concerns including acne, fine lines and wrinkles, hyperpigmentation, and Rosacea prone skin performed by our knowledgeable

SKIN CARE

Welcome to the award winning Bellanina Day Spa and Gift Boutique located in Downtown Ann Arbor's beautiful and historic Kerrytown District.

Our professional staff is highly trained to offer you the finest care and true rejuvenation and relaxation at our state-of-the-art healing day spa. We await your arrival, so come spa!

Our gift boutique offers a wide variety of mind, body, and home renewing items. We offer everything from candles and skin care, to accessories and body care products. We have something for everyone!

Parking is conveniently located in the parking structures on the corners of East Ann & Ashley Street and East Washington & North Fourth Avenue. We will validate parking for two hours in any Republic parking structure.

Gift card purchasing and appointment booking are readily available online at bellaninadayspa.com. Give the gift of relaxation.

Our skin care lines: Bellanina Botanicals, Bellanina Botanicals+, Bellanina Cosmeceuticals, and bath & body products are available online at bellaninainstitute.com.

Voted Best Day Spa via Michigan Daily, '14, '15, '17
Reader's Choice for Best Day Spa, '04-'09, '12-'14, '16-'21
Voted Best Spa Day for Mom via Ann Arbor Family Press, '19-'21

bellanina
DAY SPA + GIFT BOUTIQUE
massage + body treatments | facials | mani+pedis
waxing | makeup + spray tans | brows + lashes
bridal parties | suite for couples + retreats
skin care, bath + body products | gifts + gift cards

MONDAY: CLOSED
TUESDAY: 11 AM-6 PM
WEDNESDAY + THURSDAY: 10 AM-8 PM
FRIDAY: 10 AM-7 PM
SATURDAY: 10 AM-6PM
SUNDAY: 11 AM-6 PM

201 N Fourth Avenue | Ann Arbor, MI 48104
734-327-1000 | bellaninadayspa.com
Follow Us On Instagram + Twitter @BellaninaDaySpa
Facebook @BellaninaSpa

Half Legs / Full Legs	\$50 / \$75
Bikini / Brazili / Brazilian	\$40 / \$55 / \$70
Chest / Back	\$60
Shoulders / Lower Back	\$35
Half Arms / Full Arms	\$35 / \$50
Underarms	\$30
Nose or Ears	\$10
Lip or Chin	\$15
Full Face does not include brows	\$50

WAXING	
Brow Lamination	\$70
Brilliant Brows wax, tint & fill	\$55
Better Brows wax & fill	\$30
Brow Tinting	\$25
Brow Shaping	\$25
BROWS	
Lash Tinting	\$25
Lash Lift	\$90

LASHES	
Lash Lift \$90	
Lash Tinting \$25	
BROWS	
Brow Shaping \$25	
Brow Tinting \$25	
Better Brows wax & fill \$30	
Brilliant Brows wax, tint & fill \$55	
Brow Lamination \$70	
WAXING	
Full Face does not include brows \$50	
Lip or Chin \$15	
Nose or Ears \$10	
Underarms \$30	
Half Arms / Full Arms \$35 / \$50	
Shoulders / Lower Back \$35	
Chest / Back \$60	
Bikini / Brazili / Brazilian \$40 / \$55 / \$70	
Half Legs / Full Legs \$50 / \$75	

HYDRAFACIAL MD

HydraFacial MD 25 min. \$170

HydraFacial Plus includes neck + decollete 40 min. \$225

HydraFacial Platinum 60 min. \$215

Hydra Back Facial 30 min. \$215

Enhancing Hand Treatment Add to HydraFacial \$50

Enhancing Serums: \$50

Hydro Peptide for age spots + hyperpigmentation

Rozatrol for Rosacea

LASHES, BROWS + WAXING

RETREAT PACKAGES

You can also create your own customized package to cultivate an experience all your own. Please note that an 18% gratuity will be added to all packages.

Caring Companions Retreat for 2	135 min.	\$430
Couples Massage Retreat for 2	120 min.	\$290
Mom-to-Be Retreat	180 min.	\$165
Rewarding Tapas Retreat	195 min.	\$220
The Royal Treatment Retreat	255 min.	\$365
Ultimate Bliss Retreat	175 min.	\$295

HANDS + FEET

Express Manicure / Express Pedicure	\$30 / \$40
Express Mani+Pedi	\$68
Sports Pedicure no polish	\$35
Bellanina Manicure / Bellanina Pedicure	\$35 / \$50
Bellanina Mani+Pedi	\$81
Spa Manicure / Spa Pedicure	\$50 / \$65
Spa Mani+Pedi	\$107
Gel Manicure / Gel Pedicure	\$50 / \$65
Gel Mani+Pedi	\$107
Gel Removal	\$10

SPRAY TAN + MAKEUP

Lavish Tan Organic Spray Tan	\$45
Buff & Glow w/ FREE Lavish Tan Extender	60 min. \$130
Event Makeup Application	\$75

Create your own custom wedding package for you and your wedding party to get ready for your big day. Receive 10% off any 2 services, 15% off any 3 services and 20% off any 4 services (per person).

MASSAGE + BODY TREATMENTS

MASSAGE + ENERGY WORK

Our massages are available as a single or side-by-side service. Essential oils can be added to enhance any massage service.

Therapeutic Massage

Prepare to feel rejuvenated and relaxed. Our massage will help ease tight muscles and relieve overall tension and stress. Our therapists will individually tailor the massage to meet your specific needs using a variety of techniques including Swedish, myofascial, and deep tissue.

Sports Massage

The Bellanina Sports Massage was created to best improve the performance of our physically active clients. We will focus on easing muscle tension, increasing circulation, soothing joints and stretching out stiffness.

Prenatal Massage (For 2nd and 3rd trimester only)

This technique helps increase circulation, relaxes tight muscles, and induces a surge of endorphins in your body. Regular and frequent massages throughout your pregnancy can help keep you comfortable and renewed.

Hot Stone Massage

Intensify the depth of your massage with our hot stone treatment. Polished heated river stones are laid at various points along your body and are used by the therapist to massage and add healing warmth to troubled muscles.

Cupping Massage

Cupping uses special cup-shaped tools, creating suction to pull, lift, open and expand the body's soft tissues. This helps with pain, inflammation and blood flow. Our cupping massage integrates this ancient technique with therapeutic massage to best relieve muscle tension.

Healing Aroma Glow Massage

This rejuvenating treatment is designed to stimulate circulation and deep muscle relaxation. First, we exfoliate by dry-brushing the skin to remove dead skin cells and improving blood flow. We then follow up with a relaxing massage paired with your choice of essential oils.

Bellanina Facelift Massage See description under Anti-Aging Facials.

Bellanina Facelift Plus

The best of both worlds. Our signature Bellanina Facelift Massage combined with a 30-minute body massage to add further relaxation to this luxurious treatment.

Reflexology Foot Treatment

Our therapists apply pressure to the feet using thumb and finger techniques on points that correspond to specific areas in the body. This pressure point foot massage relieves tension, improves circulation, and promotes physical and emotional well being.

Wu Wei

A traditional Taoist massage working along the meridians used in Chinese medicine to connect with the body's subtle energies to restore balance and promote integrative health. It includes stretching, compression and gently massage. Aromatherapy oils are used, if desired.

BODY TREATMENTS

Body Polish

Your body is rejuvenated from head to toe with a dry-brush exfoliation whisking away dead skin cells with warm steamed towels, followed by our scrumptious Sugar Butter Body Scrub. We finish this restoring treatment with a warm shower and moisturizer.

Buff & Glow See description under Spray Tan, Brows + Lashes.

Cleansing Sea Mud Body Wrap

This detoxifying body mud wrap starts with an exfoliation and then harnesses the power of the sea to draw out impurities and add vital minerals back into the skin. A light scalp massage, shower, and moisturizer will complete your sense of renewal.

Exfoliating Back Treatment

This treatment begins with a dry-brush exfoliation followed by a polishing scrub and warm steamed towels to cleanse your skin of cellular impurities. We then perform a back and neck massage, ending with a honeylift massage treatment and a soothing lotion.

Seasonal Body Wrap

Attuned to the changing seasons, this treatment uses a varying selection of exfoliants, followed by a body masque, shower, and moisturizer to restore and revitalize your skin.

HANDS + FEET

Express Manicure + Pedicure

A basic manicure and pedicure for people on the go.

Sports Pedicure

A classic pedicure with a twist. Using a cooling peppermint and eucalyptus scrub and relaxing massage we will soothe sore and tired muscles. It's a perfect treatment for athletes whose feet are in need of a retreat. (Does not include polish.)

Bellanina Manicure + Pedicure

Our natural nail manicure and pedicure. This treatment nourishes dry cuticles, brittle nails and callused feet. Our oils revitalize your hands and cuticles and our lotions elevate your relaxing foot and leg massage.

Spa Manicure + Pedicure w/ Paraffin

Your hands and feet are treated to an exfoliating scrub which removes dead skin and maximizes moisture retention. Then, we apply a hydrating hand and foot masque. After a relaxing massage we dip your hands and feet in a warm paraffin wax. This treatment is excellent for dry hands and feet, dehydrated cuticles and especially beneficial for arthritic hands and feet.

Gel Manicure + Pedicure

The popular long-lasting overlay of high quality gel polish is cured via UV light giving your nails strength and shine without an artificial look.

SKIN CARE

ESSENTIAL FACIALS

Back Facial

This treatment includes cleansing, exfoliation, extractions, a soothing back masque, as well as toning and hydrating of the skin. This treatment also includes a soothing scalp massage.

Botanical Facial

Bringing it back to the basics, this customizable facial is a great way to get started with skin care. This facial includes cleansing, hydrating steam treatment with extractions, a relaxing facial massage, purifying masque, balancing toner, and nourishing moisturizer.

Epicuren Basic Facial

Cleanse, hydrate, and infuse your skin with Epicuren complex protein products. Includes cleansing, hydrating steam treatment with extractions, facial massage, purifying masque, balancing toner, and nourishing moisturizer.

Express Facial

This shortened version of our Botanical Facial for people on the go! (Does not include steam or extractions)

Teen Facial

A starter treatment tailored to benefit the specific needs of young adult skin.

Vitamin C Facial

Vitamin C helps to protect your skin against free radical damage while encouraging collagen production. This facial focuses on simultaneously repairing and strengthening sun damaged skin, Your fine lines and wrinkles will diminish, revealing your skin's glowing good health.

ANTI-AGING FACIALS

Amazing Epicuren Celebrity Facial & Light Peel

Designed to make you look and feel renewed, this treatment uses the Epicuren skin care line to correct problems such as uneven skin tone and the effects of premature aging. The entire session includes a deep pore cleanse, extractions, a light peel, two enzyme masks, and concludes with Epicuren's advanced enzyme anti-aging products.

Bellanina Facelift Massage

We created our signature facial massage to rejuvenate your skin. This treatment lifts, tones, and firms facial muscles through a series of specialized facial massage strokes using our therapist's advanced knowledge of acupressure points. We also include massage of the hands, feet, shoulders, neck and scalp in this luxurious treatment.

Fully Loaded Facial

This 2-hour facial incorporates cleansing, steam and extractions, microdermabrasion, a light enzyme peel, and facial massage. After the skin has been thoroughly exfoliated and circulation simulated, we will use the latest technology of our collagen boosting LightStim LED therapy and an age defying lifting NuFace microcurrent treatment. We finish this renewing treatment with our Age Repair Stem Cell Serum, Intensive DNA Repair Creme and the use of our cooling Cyro Globes. This facial also includes a foot, hand, arm and scalp massage.

Intensive Wrinkle Facial

Rejuvenate and stimulate collagen production. We Start with microdermabrasion and facial massage, then apply a Botox-Like masque that is rich in magnesium and collagen from green seaweed that will moisturize, soothe, firm and plump skin. We finish with our Age Repair Stem Cell Serum and Intense Moisture Repair Crème SPF 30.

Seasonal Facial

This facial changes monthly. Call us or go to our website bellaninadayspa.com or check out our instagram [@bellaninadayspa](https://www.instagram.com/bellaninadayspa) to find out this month's special.

Ultimate Facial

This is a facial featuring the best of our Botanical Facial as well as tightening and toning massage manipulations from our Bellanina Facelift Massage treatment.

SPECIALIZED FACIALS

Clinical Acne Reduction Facial

Designed to fight acne and keep your skin looking fresh, this facial includes cleansing, extractions, a lactic/salicylic acid peel or microdermabrasion, clarifying mask, high frequency treatment and moisturizer.

Dermaplaning Mini Facial

Dermaplaning uses a specialty surgical instrument to remove dead skin cells and peach fuzz (or vellus hair) from the face and neck, leaving your skin instantly smooth, soft and glowing. Reduce the appearance of shallow acne scars, fine lines and superficial hyperpigmentation with this quick and painless treatment. Includes an enzyme peel and hand and arm massage.

Glycolic Peel

Glycolic acid is a fruit-based acid that is used to remove dead skin cells and to balance the pH of your skin. Our peel uses a 30% concentration to effectively refresh dull and tired skin as well as generating an energized glow.

Lactic/Salicylic Peel

This 40% Lactic Acid/15% Salicylic Acid Peel combination penetrates and clean out clogged pores, resulting in visible improvement to acne-prone skin and pore minimization.

Microdermabrasion

A clinical exfoliating treatment resulting in reduced hyperpigmentation, melasma, acne and acne related scarring, enlarged pores, fine lines, superficial scars, and wrinkles.

Prices are subject to change without prior notice. Please be aware that treatment times include intake and home care recommendations by therapists.

A credit card number or gift card (good for 5 years from the date of purchase) is required for all reservations. If you need to cancel or reschedule your appointment, please call us 48 hours in advance. Failure to honor our policy will result in a charge to the credit card or forfeit of the gift card for all clients as follows: First time, 50% of service fee; thereafter, 100% of service fee.

RETREAT PACKAGES

Caring Companions Retreat

Everything is more fun with a companion. You and a companion will be escorted to our Crystal Suite for a dual spa experience including:

- Side-by-Side Full Body Massages
- Side-by-Side Bellanina Facelift Massages
- Refreshments and relaxation time together

Couples Massage Retreat

Pamper yourself and your partner in our special Crystal Suite. You'll surrender to:

- Side-by-Side Full Body Massages
- Side-by-Side Relaxing Foot Treatments
- Refreshments and relaxation time together

Mom-to-Be Retreat

Our Mom-to-Be retreat is designed to pamper and soothe those who are expecting.

This treatment includes:

- Pre-Natal Massage
- Bellanina Manicure and Pedicure
- Refreshments

Rewarding Tapas Retreat

Our Tapas retreat gives you a complete spa experience.

This treatment includes:

- 45-minute Massage
- 50-minute Facelift Massage
- Express Manicure and Pedicure
- Refreshments

The Royal Treatment Retreat

This half-day of pampering and total indulgence will leave you feeling like royalty!

This treatment includes:

- Steam Shower
- Cleansing Sea Mud Body Wrap
- Relaxing Foot Treatment
- Paraffin Hand Softening Treatment
- Bellanina Facelift Massage
- Refreshments
- A Bellanina spa gift valued at \$50

Ultimate Bliss Retreat

Check out of busy and fall in to Bliss with this restorative retreat.

This treatment includes:

- Steam Shower
- Body Polish
- Full Body Massage
- Relaxing Foot Treatment
- Paraffin Hand Softening Treatment
- Refreshments
- A Bellanina spa gift valued at \$35

Custom Packages for a Special Day or a Special Someone

Create your own customized Day Spa Package by combining three or more services. We will add a refreshment for your enjoyment at no additional charge.

HYDRAFACIAL MD

HydraFacial MD at Bellanina

This facial is a noninvasive, multi-step treatment that combines the benefits of next-level hydradermabrasion, a chemical peel, automated extractions and a special delivery of antioxidants, hyaluronic acid, and peptides. Perfect for all skin types, it can be used to treat fine lines and wrinkles, oily and congested skin, hyperpigmentation and rosacea.

HydraFacial Plus

The HydraFacial MD plus the neck and decollete

HydraFacial Platinum

A combination of the clinical benefits of the HydraFacial and the relaxing spa experience of the Botanical facial. This hour long treatment includes all of the results-oriented steps of the HydraFacial, along with the relaxing facial massage, hydrating masque and revitalizing moisturizer included in the Botanical facial.

Hydra Back Facial

The same as the HydraFacial just for your back!

SPRAY TAN, BROWS+LASHES

Lavish Tan Organic Spray Tan

Used and loved by celebrities, Lavish Tan is rated the #1 airbrush tan by Allure Magazine. The Organic Airbrush Lavish Tan uses a brown sugar based solution derived from apples. The brown sugar base ensures a golden brown color eliminating all possibilities of an orange tone.

Buff & Glow

We start with a dry-brush exfoliation followed by your choice of body scrub. Then, after a shower, you'll receive an organic airbrush tan. You'll go home glowing, refreshed and with a FREE product - the Lavish tan extender.

Brow Lamination

Lift, set and shape your brows for a full and feathered look! Results last up to 2 months! Add a brow tint and shape for even more perfect brows!

Lash Lift

A Lash Lift is a fantastic natural lash service for those who wish to have beautifully curled, lifted and defined lashes. Results last 6-8 weeks with no adhesives or extensions. Add a lash tint for an even more voluminous look!